

Important Phone Numbers

After Hours Counselling Line: 9349 1766
Aids Line 1800 133 392 hepatitis, and sexual health.
Alcoholics Anonymous 9429 1833
Beyondblue: 1300 224 4636
Business Hours Crisis Line: 9344 2210
Cancer helpline: 13 11 20
Care ring crisis line: 13 61 69
CareRing (Crisis Line) 136 169 24 hour crisis counselling
Centre Against Sexual Assault (CASA) 9349 1766
Child Protection Crisis Line 131 278
Child Protection Service: 13 1278
Child protection: 131 278 (24 hours)
Children's Hospital 9345 5522
Consumer Affairs Victoria 1300 558 181
Court network: (03) 9603 7433
Crime victims support: (03) 9758 2818
Crisis mental health team: 9286 8588
Crisis mental health team: A/H 9286 8588
Direct Line:1800 888 236. (Drug and alcohol counselling)
DirectLine 1800 888 236 - confidential drug and alcohol counselling 24-hour,
professional counsellors
Directory assistance 1223
Disability Information Vic: 1300 650 865
Domestic Violence Crisis 1800 015 188 (24 hour)
Family Drug Help: 1300 660 068 (support & information service for family
members)
Family Drug Support Line: 1300 368 186
Financial & Consumer Rights Council 1800 134 139 referral to a free financial
counselling service.
Foot patrol needle and syringes: 1800 700 102(free call) mob: 0412 155 491
Gambler's Help 1800 156 789 24 hour help for problem gamblers.
Gamblers Help Line: 1800 858 858
Gay and Lesbian Switchboard Victoria 1800 184 527 Counselling and information. 6-
10pm Daily and 2-10pm Wednesday
Gay Men's Health Centre / Victorian AIDS Council 1800 134 840
Grief Line 9596 7799 12 noon - 3 am
Hepatitis C Helpline 1800 800 241
Kids Help Line 1800 55 1800 24 Hour Telephone Counselling of 5 - 18 year olds, who
are feeling depressed, sad or lonely
Legal Aid (Victoria) 1800 677 402
Lifeline 131 114 - 24 hour telephone counselling service
Lifeline Suicide Helpline 1300 651 251 - 24/7

Lifeline: 13 11 14
Maternal & Child Health Line 132 229
Men's line Australia 1300 78 99 78 Support for men through separation.
Men's Referral Service 1800 065 973
Mensline Australia: 1300 789 978
Mental health referral: 1300 732211
Needle Disposal Hotline: 9304 2140
Nurse on Call: 1300 60 60 24
Office of the Public Advocate: (03) 9603 9500 / (1800 136 829 toll free)
Ombudsman Victoria 1800 806 314
Parent Line 132 289 - 24/7
Pharmacotherapy advocacy and complaints resolution service (methadone, buprenorphine) 9419 3633 / 1800 443 844 Mon- Fri 10-6pm
Poisons Information Centre (Victoria) 131 126
Post and Ante Natal Depression Assoc. 9428 4600
Residential Tenancy Line 1800 136 716
Reverse charge 12555
Rural Victoria: 1800 806 392
Salvation Army 1800 627 727 Crisis Contact Centre
Salvation Army Hopeline: 1300 467 354
SANE Australia: (Mental health info and referral) 1800 688 382
Sexual Assault Crisis Line 9349 1766 Centre Against Sexual Assault provides confidential telephone counselling, information and referral. It operates from 5.30 pm each weeknight until 9.00 am the next morning, as well as 24 hours per day on weekends and public holidays. Phone: 9349 1766 or 1800 806 292 (if you live in Victoria but outside of metropolitan Melbourne)
Sexual Assault Crisis Line: 1800 806 292
Sharc:1300 660 068 ((Family Drug Help, Recovery Support, Self Help Addition Resource Centre)
Suicide Line: 1300 651 251
Supported accommodation rights service: (03) 9419 8529 / 1800 066 256
Torture: Victorian Foundation for the Survivors of Torture 9388 0022
Traveler's aid: (03) 9654 2600
Women's Domestic Violence: 9322 3555
Women's Information Referral Exchange (WIRE) 1300 134 130 support and referral service available to all Victorian women
Women's: Domestic Violence & Incest Resource Centre 1800 015 188 Crisis support, information, referral and accommodation for women experiencing abuse
Youth Substance Abuse Service 1800 014 446 or 9418 1020 Alcohol and Drug assessment and referral service for the youth sector.