

Budgeting



Budget is a plan to make your income cover your expenses. Budgeting can help to reduce debts troubles, it can help you save money and help you identify where all your money is spent.

Pre release budget (set up cost)-

Include your incomes and immediate expenses just before your release from prison.

Income	Expenses	AUS \$	Balance
	Money from withheld service		
	EBT cards		
	Mobile phone		
	Toiletries		

Post release budget

Include your day to day expenses and income

Income	Expenses	AUS \$	Balance
	Rent		
	Electricity		
	Gas		
	Internet		
	Grocery		
	Public transport		
	medication		
	methadone		
	other		